

KCYSA F.A.Q.'s

What does my player need for soccer?

The league provides the jersey, shorts, and socks. All players in every age group need to provide their own shin guards, which are to be covered by their given socks. All players in U8 and above must also provide their own cleats.

What are the different types of programs offered?

We offer three options of programs. All of our programs are co-ed.

1. Little Kickers Program (3 and 4 years) Saturdays 45 minutes - Designed for introducing our youngest players to the game of soccer. Focus is on introductory skills and 1 to 1 player/ball touches. This will be six Saturday's only for 45 minutes with drills and skills and then scrimmages for the last three weeks.

2. Rec Soccer Program - Designed for ages 4-14. The program runs for eight weeks, includes weeknight practices and Saturday games. Focus is on teaching the skills of the game, working on fundamentals and increasing player confidence. Games take place at Worton Park and are intra-county (games against other KCYSA teams). Exceptions are made for the U14 division, these games may take place against other organizations.

3. Travel/Select Soccer is an opportunity for players in the U10 and U12 divisions to get a more competitive experience. Competition will likely be against local school teams and Bayshore select teams. An Ocean City Tournament may also be an option, based on interest and availability of players. Most games will take place on Saturdays at Worton Park or White Marsh Park in Centreville, but exceptions today, time and place may occur. Travel soccer was in addition to the rec program so players are registered and primarily play with a rec team and then would come to the travel activities when they were able. There are no tryouts for this team and no additional cost to join the team. Tournament fees will be additional based on cost and number of players.

Can I request a coach or player for my child?

The league strives to make teams even with skill levels to ensure fair matches. We take into consideration geographical location, transportations needs of families, and player experience. We allow one request per player and will do our best to honor

those requests. We cannot have more than one request without jeopardizing the overall balance for the team. This is especially true at the more advanced levels.

KCYSA will make every effort to accommodate placement on a team with ONE other registered player if requested at the time of registration. Requests are subject to the following conditions:

1. Should two or more siblings/blended families already be grouped together on a team, they will not be allowed to also request friends.
2. Requests are accepted at the discretion of the KCYSA. Submitting a request is not a guarantee that it will be accommodated.
3. Requests to play with a specific Coach or Team will not be accepted.
4. The Coach and one Assistant Coach may each have one matching request for their children.
5. By requesting to coach together, coaches and assistant coaches have fulfilled the request and no additional requests will be permitted.
6. Player requests not being granted do not constitute entitlement for a refund.
7. Any appeals for exceptions to this policy must be made in writing to the Board.

When and Where are practices?

Practices are held typically once or twice a week depending on the age level. Practices are at the discretion of the coach. Practices occur at Worton Park in the back of the park. Practices typically start mid to late August depending on the age group.

When and Where are games?

Games are on Saturday Mornings (noon for U12) starting Sept. 6th and running for 8 weeks. (6 weeks for Little Kickers). Games take place at Worton Park. (U14 may have other game locations.)

My child isn't getting as much playing time as the rest of the players. Who can I talk to?

The policy of the KCYSA is that all players must play at least ½ of each game. If you feel that your child isn't receiving sufficient playing time, please discuss this with your child's coach. The coach may be unaware of the situation, as it is difficult at times to make sure each player has played at least ½ the time. If this problem persists please reach out to the Age Group Coordinator or other Board members.

How do I know what age group is appropriate for my player?

Age Group Chart 2025-2026

Your child's soccer age is based on their age on July 31st

Birth Month /Year	2022	2021	2020	2019	2018	2017	2016	2015	2014	2013	2012	2011
Jan	LK	U6/LK	U6	U8	U8	U10	U10	U12	U12	U14	U14	
Feb	LK	U6/LK	U6	U8	U8	U10	U10	U12	U12	U14	U14	
Mar	LK	U6/LK	U6	U8	U8	U10	U10	U12	U12	U14	U14	
April	LK	U6/LK	U6	U8	U8	U10	U10	U12	U12	U14	U14	
May	LK	U6/LK	U6	U8	U8	U10	U10	U12	U12	U14	U14	
June	LK	U6/LK	U6	U8	U8	U10	U10	U12	U12	U14	U14	
July	LK	U6/LK	U6	U8	U8	U10	U10	U12	U12	U14	U14	
Aug		LK	U6/LK	U6	U8	U8	U10	U10	U12	U12	U14	U14
Sept		LK	U6/LK	U6	U8	U8	U10	U10	U12	U12	U14	U14
Oct		LK	U6/LK	U6	U8	U8	U10	U10	U12	U12	U14	U14
Nov		LK	U6/LK	U6	U8	U8	U10	U10	U12	U12	U14	U14
Dec		LK	U6/LK	U6	U8	U8	U10	U10	U12	U12	U14	U14

Most youth soccer leagues determine a player's soccer age based on an August 1 cutoff because most leagues "start" their season on August 1. So, the first thing you need to figure out is how old your child will be on August 1.

Next, you need to know that soccer age groups are designated U6, U8, U10, etc., which translates to under 6, under 8, under 10, and so on. If your daughter turns 7 on July 25, she will be in the U8 age group.

Most recreational leagues don't have enough players to have an age group for every year (U6, U7, U8, U9, U10, etc.) and will typically alternate every other year (U6, U8, U10, etc.). This works out well as the younger players can learn from the older players.