



KENT COUNTY
YOUTH SOCCER

COACHING OVERVIEW



League Philosophy:
Committed to players developing skills,
building confidence, and a love for the game

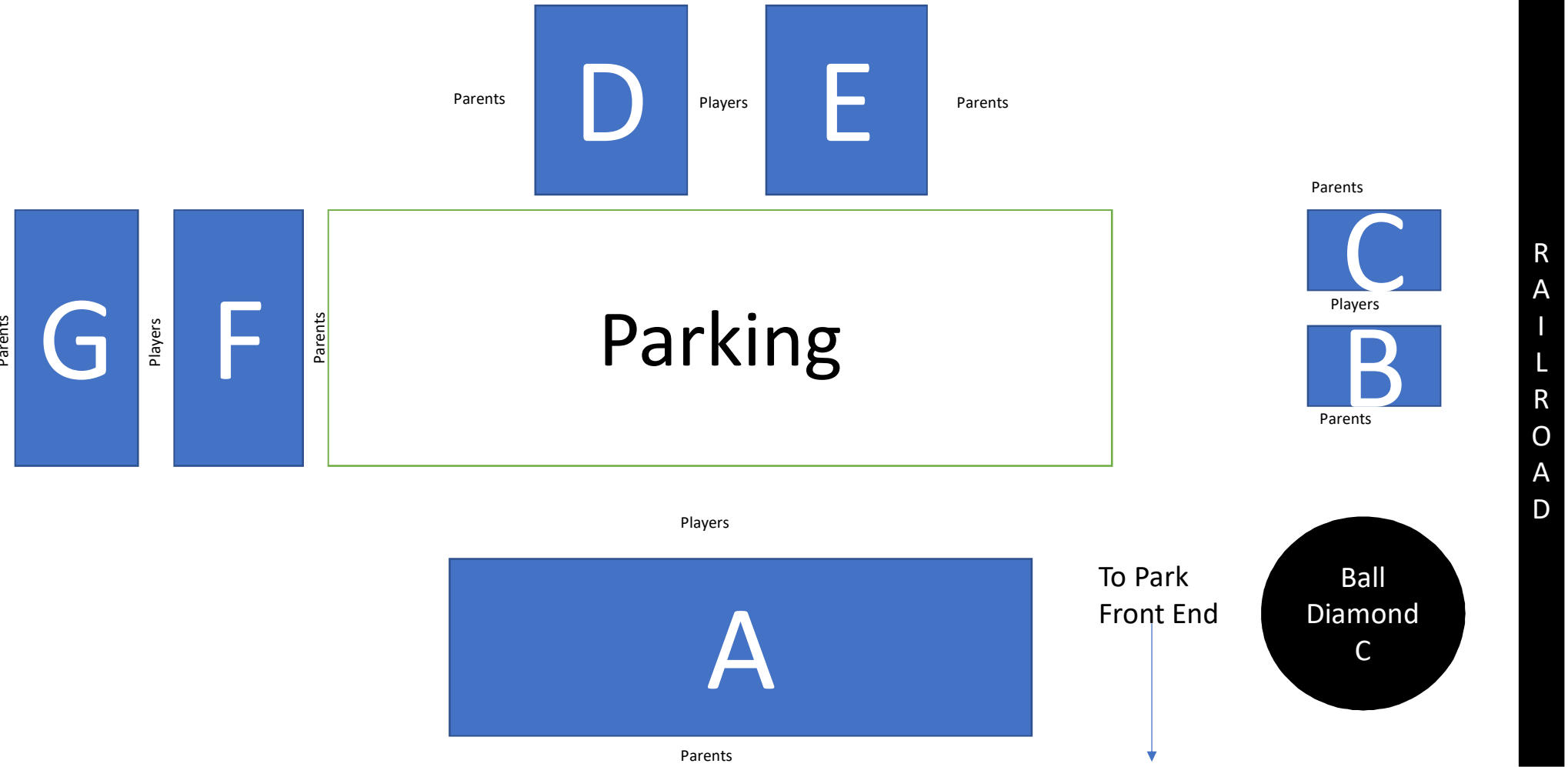
League Expectations:
Similar playing time and experiences,
Building skills and guiding players
Fair and Kind to all coaches, refs, players

Resources:
[KCYS Google Drive
with Drill Links](#)

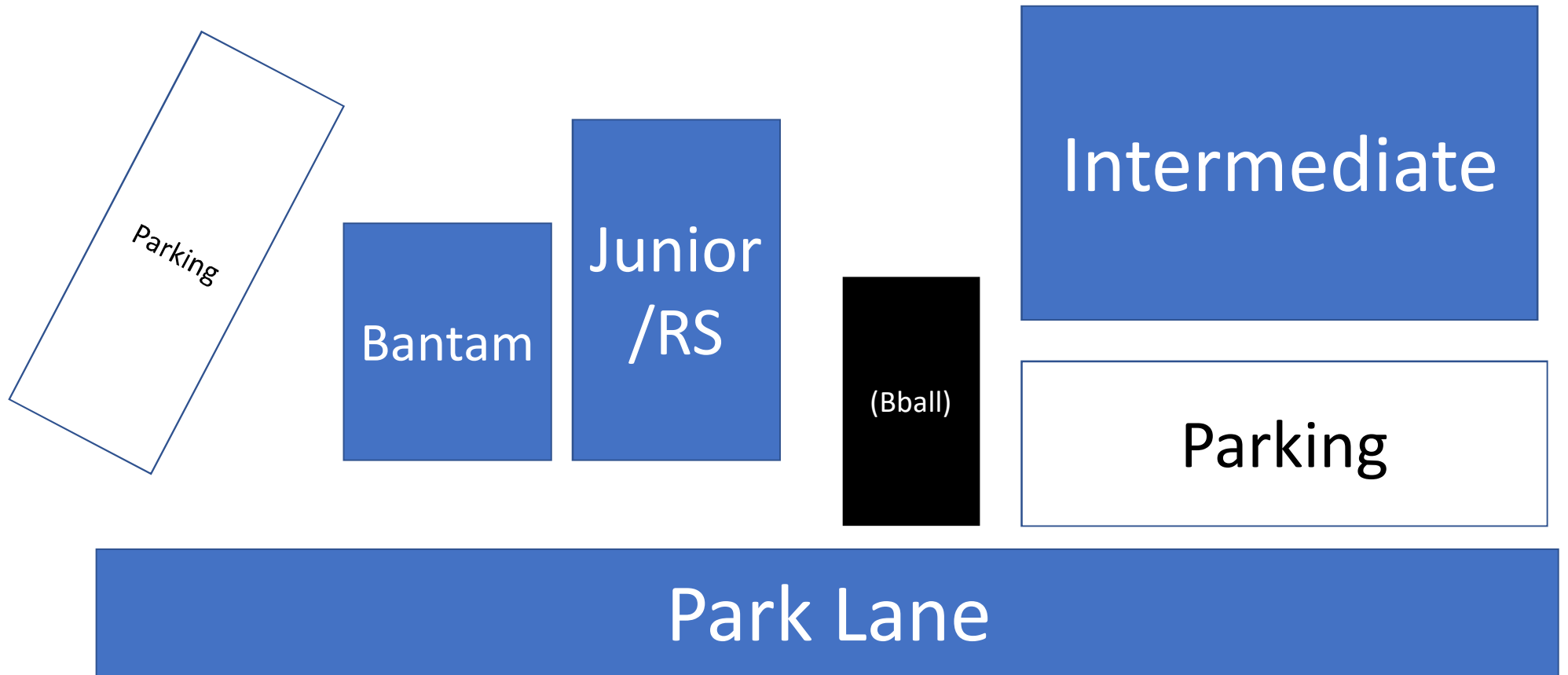
Resources:
[MSYSA Guide Link](#)



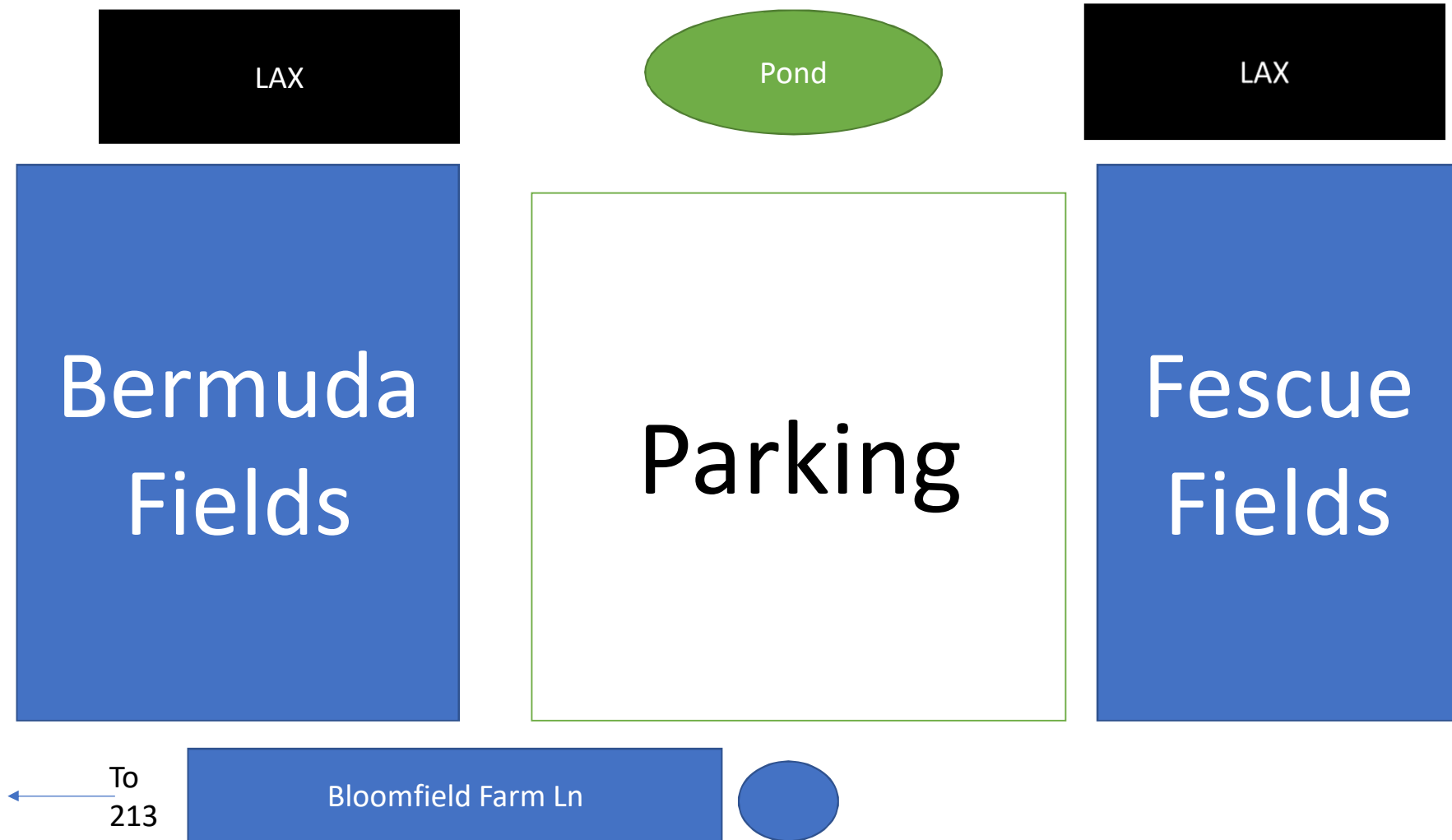
Treeline - Worton Schematic – Treeline



Chester Harbor - Round Top Schematic – Chester Harbor



White Marsh Rd – WM Schematic – White Marsh Rd



General Announcements For Parents

***Opening day will have Kona Ice on-site. We will have other food truck partners throughout the season. Kona presents future fundraising opportunities, so let's get them excited about KCYS.**

***Pictures will be on the 28th of September.**

***Schedules will be loaded to Team Snap in the near future. We will provide a copy to you outside the app, so that grandparents, step-parents, etc can have the info.**

***PARKING!!!!!!! – I will effort signage to enforce this, but I would like to make parking along the C diamond fence our “one and done” lot. That strip is by fields A through C. Those are the extremes of our ages, and tends to be where families with 1 player play. I have staggered the game times such that this would be easy in/out for those families. Families with multiple players are best served by using the interior parking area.**

***Practices – Coaches are volunteers and have the authority to establish practice as their time allows. There are additional goals at Edesville and Toal parks for those who want extra touches or alternative practice site.**



HEADS UP Guidelines and Recommendations

KEY POINTS

- Find tips for recovering from a concussion and returning to activities.
- Making short-term changes to your child's daily activities can help him or her get back to a regular routine more quickly.

Recovery from concussion



Most children with a concussion feel better within a couple weeks.

Learn what steps to take to [feel better after a concussion](#).

Returning to sports



An athlete should only return to sports with the approval of a healthcare provider.

Find the [6-Step Return to Play Progression](#) for returning to activities after a concussion.

SOURCES

CONTENT SOURCE:

[National Center for Injury Prevention and Control](#)



KENT COUNTY / BAYSHORE YOUTH SOCCER

Uniforms/Pregame

**Shin guards are required under socks **No jewelry. **Eyewear must be secured with sports strap.
 **No hard casts. **Braces must be soft with no metal support **Cleats must not have metal studs.
 **Jerseys must be tucked into shorts. ** The coach of each team will have their players line up along the edge of the field for a pre-game inspection.

PLAYING RULES

		u5 'Little Kickers'	u6 'Bantams'	u8 'Juniors'	u10 'Rising Stars'	u12 'Intermediate'	u14 Senior
1	Field (yards)	33 x 25		55 x 35	55 x 35	80 x 40	110 x 60
	Goal size	4' x 6'		6' x 18'		7' x 21'	8' x 24'
	Center circle	6 Yds		8 Yds	8 Yds	10 Yds	10 Yds
	Penalty area	None		14 Yds	14 Yds	18 Yds	18 Yds
2	Ball	#3			#4	#4	#5
3	Formation	5v5		7v7	7v7	9v9	11v11
	Formation	*If team is >5 players, coach should select a player to join other team if possible		*If at game time, a team does not have the required number of players, both coaches will decide on either option: -Play maximum 1 person down. -Offer 1 person to shorted team. *In either case, result shall stand. *If neither solution can be achieved by start time, game shall be rescheduled and referee shall report to ref coordinator for re-assignment to another game. Forfeits aren't a thing.			
4	Keepers	No. Coaches should rotate a child in front of the goal, but never IN goal		Yes, box shall be clear for keeper touches and goal kicks. Attacking team may enter box on 2 nd player touch (keeper control is a first touch)			

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	Keepers Cont'd
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INTENTIONAL playback resulting in keeper handling results in indirect kick from the spot of playback.	Yes, no restrictions. Keeper control, generally accepted as hands on ball or pinned against body reinforced by "keeper" shall be honored by the referee.
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5	Referee	<p>-All decisions made by the referee regarding calls with a play shall be final, so far as the result of the game is concerned.</p> <p>-The referee can stop the game for infringement of the rules and can suspend or terminate the game whenever the referee deems such stoppage necessary, for example, severe weather, interference by spectators and/or coaches.</p> <p>-If the official referee does not appear within ten (10) minutes after the scheduled game time, a person mutually agreed upon by both coaches may referee the game. The decision of that person serving as a referee are just as binding as if he/she were a league appointed referee.</p> <p>Referee coordinator will consider resources and field size when assigning ARs.</p>				
6	Duration of Game	2 x 20 min. halves	2 x 25 min. halves	2 x 30 min. halves	2 x 35 min. halves	
6a	Half time length	5 minutes				10 minutes
7	Start/restart	FIFA				
8	Ball in play	FIFA				
9	Scoring	A goal is scored when the <i>whole</i> ball crosses the goal line within the goal.				
10	Offside	None	FIFA			
		Slide tackling not permitted. Results in a direct free kick.				

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		Heading not permitted			
		<p>When a player touches the ball with their head, regardless if it is deliberate, accidental, or inadvertent, stop play immediately.</p> <p>Restart: If the touch is deliberate, IFK at the location of the offense. If accidental or inadvertent, dropped ball at the location of the touch. Restarts within the goal area are placed at the "6," which is the top of the goal area.</p>			
		Allow 6 yards	Allow 8 yards	Allow 10 yards	
		Players receiving a yellow card must be substituted			
		<p>Any player receiving a Red Card will be subjected to the following infractions.</p> <p>Minimum: The player(s) will be removed for the remainder of the game in which the infraction occurs.</p> <p>Maximum: Loss of playing privileges for the remainder of the season.</p>			

12	5v5 Fouls and violations at discretion of Coaching Staff	<p>Any coach receiving a Red Card Violation. (Juniors-Senior Divisions)</p> <p>Minimum: Coach must leave the players side if the field, and cannot interfere or provide coaching support for the remainder of the game. It is the referee's discretion if the coach must be removed from the area of the field of play.</p> <p>Maximum: Coach would be dismissed for the remainder of the game and the field of play. The coach must submit a written letter of the description of the incident to the President before he/she may return for the season and be permitted to continue coaching in the league. (This letter would be reviewed by the President and members of the board before the coach may return and any discipline and final action is determined).</p>
13	Penalty kicks No penalty kicks in 5v5 unless coaches agree that a major foul requires a punitive measure	<p>A penalty kick is awarded if a player commits a direct free kick offense inside their penalty area or off the field as part of play.</p> <p>7-8 penalty kick will be placed at the top of the goal box</p>

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14	Throw-ins	Teaching Of correct Style and mechanics for both Leagues	Instruction after first incorrect attempt, ball to other team after second incorrect attempt	FIFA Rules
15	Goal kicks	Taken from anywhere on Goal Line	The ball must be stationary and is kicked from any point within the goal area by a player of the defending team. The ball is in play when it leaves the penalty area. Opponents must be outside the penalty area until the ball is in play.	
16	Corner kicks	Enforce location and kicking	The ball must be placed in the corner area nearest to the point where the ball passed over the goal line. The ball must be Stationary and is kicked by a player of the attacking team. The ball is in play when it is kicked and clearly moves; it does not need to leave the corner area.	
17	Player Injury	The referee will stop all game play and all players will kneel on one knee on the field. The coach of the injured player is the only person that may enter the field to attend to the player. Play will be re-started with a drop ball (which is between two opposing players who cannot kick the ball until it touches the ground)		

Spectators should make every effort to cheer from the opposite side of the team benches. In the event the game referee is concerned about the location of the spectator, they can ask the team coach to request them to move to the correct cheering area.

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Slide tackling is **prohibited** for the safety of everyone. It should be treated as a foul and will result in a direct free kick. Slide tackling has been permitted in the older age group in the past but the current trend and to help limit the injuries in youth sports has been to ban it.

The ball is out of play only when it completely passes over one of the four field borders. The entire ball must be over the line, until it is, the ball is still in play. A player may be entirely out of bounds and as long as the ball is touching one blade of grass with a white marking on it, the ball is still in and can be played by the "out of bounds" player.

Handling the ball involves a deliberate act of a player making contact with the ball with the hand or arm. The following must be considered: •the movement of the hand towards the ball (not the ball towards the hand) •the distance between the opponent and the ball (unexpected ball) •the position of the hand does not necessarily mean that there is an offence.

Soccer is a contact sport. The general rule is that shoulder to shoulder contact is allowable. Other contact depending on how hard, where it happens, the outcome of it, and a few other factors may or may not be ok. The referee is tasked with looking at contact and making sure nothing unfair or unsafe happens and call the game accordingly.

A foul isn't always called -- and it's on purpose. In most sports, if an infraction occurs, it is called immediately and play stops. In soccer, if a foul occurs, the referee looks for what is called "advantage." If the team that was fouled has the chance of benefitting in some way from the foul or after the foul (a chance to move the ball significantly down the field or even score for instance), the referee let's play go on and calls "advantage." At this point, he also moves both arms up straight and parallel to each other from his waist to his chest and may say something like "play on."

Fighting & foul/abusive language will not be tolerated on or off the practice or playing field by any spectator, parent, player or coach.

All cheering must be in a positive and encouraging manner.

If this does not occur, the referee will ask the coach to speak to their fans regarding their comments. This is considered a **first infraction**.

If the problem continues, the referee will give a yellow card bench warning to the coach. This is considered a **second infraction**. Once again, the coach to speak to their fans regarding their comments.

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If the problem continues, the issuance of a red card bench warning will be issued to the coach, play will be stopped, and the coach will ask the fan to leave the field. Failure of the fan to leave will result in stoppage of play, the game considered over, and the game will be awarded to the opposite team.

Score Disparity

If a team is winning the match by more than 5 goals, it is requested that the winning coach instruct the players on the team to involve more passing onto the field to change the pace of the gameplay.

Offside

Offside can be the most confusing concept for referees, spectators, coaches, and players to grasp. The KCYSA have included the FIFA definition of offside for clarity.

1. Offside position- It is not an offense to be in an offside position:

A player is in an offside position if:

any part of the head, body or feet is in the opponents' half (excluding the halfway line) and any part of the head, body or feet is nearer to the opponents' goal line than both the ball and the second last opponent.

The hands and arms of all players, including the goalkeepers, are not considered.

A player is not in an offside position if level with the:

second- last opponent or last two opponents

2. Offside offense

A player in an offside position at the moment the ball is played or touched* by a team-mate is only penalized on becoming involved in active play by:

Interfering with play by playing or touching a ball passed or touched by a team-mate or

Interfering with an opponent by: preventing an opponent from playing or being able to play the ball by clearly obstructing the opponent's line of vision or challenging an opponent for the ball or

**The first point of contact of the 'play' or 'touch' of the ball should be used*

-clearly attempting to play a ball which is close when this action impacts on an opponent or

-making an obvious action which clearly impacts on the ability of an opponent to play the ball or

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-gaining an advantage by playing the ball or interfering with an opponent when it has: rebounded or been deflected off the goalpost, crossbar, match official or an opponent -been deliberately saved by any opponent

A player in an offside position receiving the ball from an opponent who deliberately plays the ball, including by deliberate handball, is not considered to have gained an advantage, unless it was a deliberate save by any opponent.

A 'save' is when a player stops, or attempts to stop, a ball which is going into or very close to the goal with any part of the body except the hands/arms (unless the goalkeeper within the penalty area).

In situations where:

-a player moving from, or standing in, an offside position is in the way of an opponent and interferes with the movement of the opponent towards the ball this is an offside offense if it impacts on the ability of the opponent to play or challenge for the ball; if the player moves into the way of an opponent and impedes the opponent's progress (e.g. blocks the opponent), the offense should be penalized under Law 12 -a player in an offside position is moving towards the ball with the intention of playing the ball and is fouled before playing or attempting to play the ball, or challenging an opponent for the ball, the foul is penalized as it has occurred before the offside offense

-an offense is committed against a player in an offside position who is already playing or attempting to play the ball, or challenging an opponent for the ball, the offside offence is penalized as it has occurred before the foul challenge.

3. No offense

There is no offside if a player receives the ball directly from:

- A goal kick
- A throw-in
- A corner kick OR
- Received on one's own end of the field

Alcohol:

Following Kent County Parks & Recreation guidelines there will be **NO** alcoholic beverages of any kind consumed or possessed at Kent County/Bayshore affiliated practices, games or events by parents, friends or participants.

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